



# Resources for Schools – National Youth Week

It is our hope that the resources below and on [www.nationalyouthsunday.org.uk](http://www.nationalyouthsunday.org.uk) will be of use in the week before National Youth Sunday and whenever exploring related themes.

## A short act of worship for Assembly or form time

### 1. Introduction

- On a scale of 1 – 10 how happy are you?
- [\[Ask the students to show you where on the happiness scale they would be\]](#)
- How can a relationship with Jesus, living out our faith, contribute to our happiness?

The first time Jesus meets a crowd in Matthew’s gospel he congratulates those who live in such a way that helps others. Not perfect people, but people who are prepared to recognise the reality of their situation and strive for better. Inspired by his words we will be reflecting on eight Be Attitudes this week. To help us with this, we will be hearing from young people telling us how these Be Attitudes help them to be happy [\[introduce the Be Attitude clip you will watch\]](#).

### 2. Be Attitude video clip

### 3. Closing prayers based on the Be Attitudes

<p style="text-align: center;"><b>Be humble</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">Let God work through you</p> <p>Jesus, Humble Lord, Help us to be honest and admit that we need your love. You have given us gifts, talents and the ability to do great things, but we need you to show us how.</p> <p style="text-align: center;">You who are Lord, forever and ever. <b>All: Amen.</b></p>	<p style="text-align: center;"><b>Be sorrowful</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">Grieving is ok, it shows your love</p> <p>God our Father, We bring to you, those we have loved and lost, through death or separation of any kind. Comfort us through those who will support us in our grief.</p> <p style="text-align: center;">Through Christ our Lord. <b>All: Amen.</b></p>	<p style="text-align: center;"><b>Be gentle</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">It will get you further than you think</p> <p>Lord of all Gentleness, Help us to always look for ways in which to treat people with respect, warmth and friendship.</p> <p style="text-align: center;">You who are Lord, forever and ever. <b>All: Amen.</b></p>	<p style="text-align: center;"><b>Be just</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">The truth sets people free</p> <p>Lord of Justice, In our dealings with others, help us always to be just and to rely on the truth that sets us free.</p> <p style="text-align: center;">You who are Lord, forever and ever. <b>All: Amen.</b></p>
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<p style="text-align: center;"><b>Be merciful</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">We all need forgiveness</p> <p>Father of Mercy, It is too easy to judge those who offend us. Help us to show them mercy and offer them the forgiveness we hope to receive.</p> <p style="text-align: center;">Through Christ our Lord. <b>All: Amen.</b></p>	<p style="text-align: center;"><b>Be pure</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">Open your heart and you will see God</p> <p>Sacred Heart of Jesus, You created us with a dignity that no one can take from us. Please remove anything that stops us from opening our hearts to you.</p> <p style="text-align: center;">You who are Lord, forever and ever. <b>All: Amen.</b></p>	<p style="text-align: center;"><b>Be peaceful</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">Everybody is a child of God</p> <p>Prince of Peace, You became human so that everyone could become children of God. Help us to find peaceful solutions to the difficulties we have with those around us.</p> <p style="text-align: center;">You who are Lord, forever and ever. <b>All: Amen.</b></p>	<p style="text-align: center;"><b>Be courageous</b></p> <p style="text-align: center;">—</p> <p style="text-align: center;">Dare to do good so God can work through you</p> <p>Lord, Jesus Christ, Give us the courage to walk with you throughout our lives, knowing that you want to do amazing things in and through us.</p> <p style="text-align: center;">You who are Lord, forever and ever. <b>All: Amen.</b></p>
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