

ROSARY FOR LIFE

# The Luminous Mysteries

Pray for People with Disabilities (17-23 May)

---

Archbishop John Wilson calls on us to join him this May (Month of Mary) in praying the rosary for unborn children and an end to abortion; for peace and for the victims of war; for people with disabilities; and for the elderly and vulnerable.

Archdiocese of Southwark

[rcaos.org.uk/rosaryforlife](https://rcaos.org.uk/rosaryforlife)



Video Link

week 3

# Opening Prayers

## SIGN OF THE CROSS

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

## APOSTLES' CREED

I believe in God the Father almighty,  
Creator of heaven and earth.  
And in Jesus Christ, His only Son, our Lord,  
Who was conceived by the Holy Spirit,  
born of the Virgin Mary, suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell; the third day  
He rose again from the dead;  
He ascended into heaven,  
and sits at the right hand of God the Father almighty,  
from there He shall come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body and life everlasting. Amen.

## OUR FATHER

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

## HAIL MARY (REPEAT × 3)

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

## GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end. Amen.

# The First Luminous Mystery

## The Baptism of Jesus

### SCRIPTURE

“Jesus was baptised, immediately he went up from the water, and behold, the heavens were opened to him, and he saw the Spirit of God descending like a dove and coming to rest on him; and behold, a voice from heaven said, ‘This is my beloved Son, with whom I am well pleased.’”  
Matthew 3:16-17

### PRAYER INTENTION

We offer this decade for all people living with a disability: may they know they are beloved children of God, chosen and called by name.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,  
save us from the fires of hell,  
lead all souls to heaven,  
especially those most need of Thy mercy.

# The Second Luminous Mystery

## The Wedding at Cana

### SCRIPTURE

“Jesus said to her, ‘Woman, what does this have to do with me? My hour has not yet come.’ His mother said to the servants, ‘Do whatever he tells you.’”

John 2:4-5

### PRAYER INTENTION

We offer this decade for all who care for people with disabilities — families, carers and medical professionals: may the Blessed Virgin Mary intercede for them and fill them with compassion, patience and love.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done,  
on earth, as it is in heaven.

Give us this day our daily bread

and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,

The Lord is with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now,

and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.

As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,

save us from the fires of hell,

lead all souls to heaven,

especially those most need of Thy mercy.

# The Third Luminous Mystery

## The Proclamation of the Kingdom

### SCRIPTURE

“The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.”  
Mark 1:15

### PRAYER INTENTION

We offer this decade for all disabled people who feel marginalised or forgotten: may they know that the Lord Jesus calls each of them to his Kingdom and calls them his beloved.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,  
save us from the fires of hell,  
lead all souls to heaven,  
especially those most need of Thy mercy.

# The Fourth Luminous Mystery

## The Transfiguration

### SCRIPTURE

“Behold, a bright cloud overshadowed them, and a voice from the cloud said, ‘This is my beloved Son, with whom I am well pleased; listen to him.’”

Matthew 17:5

### PRAYER INTENTION

We offer this decade for all people with disabilities: may they know that the love of the Lord Jesus radiates from them and through their lives, his love graces all they encounter.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done,  
on earth, as it is in heaven.

Give us this day our daily bread

and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,

The Lord is with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now,

and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.

As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,

save us from the fires of hell,

lead all souls to heaven,

especially those most need of Thy mercy.

# The Fifth Luminous Mystery

## The Institution of the Eucharist

### SCRIPTURE

“He took bread, and after blessing it broke it and gave it to them, and said, ‘Take; this is my body.’ And he took a cup, and when he had given thanks he gave it to them, and they all drank of it. And he said to them, ‘This is my blood of the covenant, which is poured out for many.’”  
Mark 14:22-24

### PRAYER INTENTION

We offer this decade for the full inclusion of all our brothers and sisters: may all disabled people know that the Lord Jesus, who gives himself to us in the Eucharist, calls his Body — the Church — to embrace and love them.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,  
save us from the fires of hell,  
lead all souls to heaven,  
especially those most need of Thy mercy.

# Closing Prayers

## CLOSING PRAYER

Mary, Queen of Peace, grant us peace in our hearts, harmony in our families and peace throughout the world. Watch over those in the fear and shadow of war, and protect them with your motherly love. Through Christ our Lord. Amen.

## HAIL HOLY QUEEN (SALVE REGINA)

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

## CONCLUDING PRAYER

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech Thee, that while meditating on these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

## MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy clemency hear and answer me. Amen.

## LITANY

Most Sacred Heart of Jesus, have mercy on us.  
Immaculate Heart of Mary, pray for us.  
Our Lady of Guadalupe, pray for us.  
Our Lady of Lourdes, pray for us.  
Our Lady, Queen of Peace, pray for us.  
St. Joseph, pray for us.  
May all the Angels and Saints in heaven, pray for us.

[rcaos.org.uk/rosaryforlife](http://rcaos.org.uk/rosaryforlife)