

ROSARY FOR LIFE

# The Glorious Mysteries

Pray for the Elderly and Vulnerable (24-30 May)

---

Archbishop John Wilson calls on us to join him this May (Month of Mary) in praying the rosary for unborn children and an end to abortion; for peace and for the victims of war; for people with disabilities; and for the elderly and vulnerable.

Archdiocese of Southwark  
[rcaos.org.uk/rosaryforlife](https://rcaos.org.uk/rosaryforlife)



Video Link

week 4

# Opening Prayers

## SIGN OF THE CROSS

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

## APOSTLES' CREED

I believe in God the Father almighty,  
Creator of heaven and earth.  
And in Jesus Christ, His only Son, our Lord,  
Who was conceived by the Holy Spirit,  
born of the Virgin Mary, suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell; the third day  
He rose again from the dead;  
He ascended into heaven,  
and sits at the right hand of God the Father almighty,  
from there He shall come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body and life everlasting. Amen.

## OUR FATHER

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

## HAIL MARY (REPEAT × 3)

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

## GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end. Amen.

# The First Glorious Mystery

## The Resurrection

### SCRIPTURE

“Entering the tomb, they saw a young man sitting on the right side, dressed in a white robe, and they were alarmed. And he said to them, ‘Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He has risen.’

Mark 16:5-6

### PRAYER INTENTION

We offer this decade for all elderly people facing the end of their lives: may they be strengthened by the risen Lord Jesus, and take comfort that death is not the end but the start of a glorious and eternal life.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done,  
on earth, as it is in heaven.

Give us this day our daily bread

and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,  
The Lord is with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.

As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,  
save us from the fires of hell,  
lead all souls to heaven,  
especially those most need of Thy mercy.

# The Second Glorious Mystery

## The Ascension

### SCRIPTURE

“While they were gazing into heaven as he went, behold, two men stood by them in white robes, and said, ‘Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven.’”  
Acts 1:10-11

### PRAYER INTENTION

We offer this decade for all who feel their life has lost its purpose or meaning: may they trust in the Lord Jesus who ascended in glory, knowing that their life is cherished and meaningful to God.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,  
save us from the fires of hell,  
lead all souls to heaven,  
especially those most need of Thy mercy.

# The Third Glorious Mystery

## The Descent of the Holy Spirit

### SCRIPTURE

“When the day of Pentecost arrived, they were all together in one place. And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. And divided tongues as of fire appeared to them and rested on each one of them. And they were all filled with the Holy Spirit.”

Acts 2:1-4

### PRAYER INTENTION

We offer this decade for all medical professionals, carers and family members who accompany the elderly and the dying: may the Holy Spirit fill them with wisdom, patience, compassion and the courage to uphold the dignity of every human life.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,  
save us from the fires of hell,  
lead all souls to heaven,  
especially those most need of Thy mercy.

# The Fourth Glorious Mystery

## The Assumption of Mary

### SCRIPTURE

“For behold, from now on all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name.”

Luke 1:48-49

### PRAYER INTENTION

We offer this decade for all elderly people who feel abandoned, lonely or forgotten: may they find comfort in Mary, and know that her Assumption is a pledge of our own resurrection

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done,  
on earth, as it is in heaven.

Give us this day our daily bread

and forgive us our trespasses as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,

The Lord is with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now,

and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,  
and to the Holy Spirit.

As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,

save us from the fires of hell,

lead all souls to heaven,

especially those most need of Thy mercy.

# The Fifth Glorious Mystery

## The Coronation of Our Lady

### SCRIPTURE

“A great sign appeared in heaven: a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.”

Revelation 12:1

### PRAYER INTENTION

We offer this decade for all those who are campaigning to oppose assisted suicide: may Our Lady Queen of Heaven intercede for them, and may they inspire others to know that life is a gift from God that must be protected and cherished until natural death.

### OUR FATHER

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done,  
on earth, as it is in heaven.

Give us this day our daily bread

and forgive us our trespasses as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY (REPEAT × 10)

Hail Mary, Full of Grace,

The Lord is with thee.

Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now,

and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father, and to the Son,

and to the Holy Spirit.

As it was in the beginning, is now,

and ever shall be, world without end. Amen.

### FATIMA PRAYER

O my Jesus, forgive us our sins,

save us from the fires of hell,

lead all souls to heaven,

especially those most need of Thy mercy.

# Closing Prayers

## CLOSING PRAYER

Mary, Queen of Peace, grant us peace in our hearts, harmony in our families and peace throughout the world. Watch over those in the fear and shadow of war, and protect them with your motherly love. Through Christ our Lord. Amen.

## HAIL HOLY QUEEN (SALVE REGINA)

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

## CONCLUDING PRAYER

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech Thee, that while meditating on these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

## MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy clemency hear and answer me. Amen.

## LITANY

Most Sacred Heart of Jesus, have mercy on us.  
Immaculate Heart of Mary, pray for us.  
Our Lady of Guadalupe, pray for us.  
Our Lady of Lourdes, pray for us.  
Our Lady, Queen of Peace, pray for us.  
St. Joseph, pray for us.  
May all the Angels and Saints in heaven, pray for us.

[rcaos.org.uk/rosaryforlife](http://rcaos.org.uk/rosaryforlife)