



ADOREMUS

NATIONAL EUCHARISTIC
CONGRESS 2024

I AM THE BREAD OF LIFE

MARKING ADOREMUS IN YOUR PARISH

Over the weekend of 14th & 15th September 2024, the Bishops of England & Wales are inviting all parishes to have a period of Exposition to coincide with the Adoremus Eucharistic Congress. The purpose is to unite all the faithful around the Eucharist with renewed and deepened devotion.

How might you encourage Catholics of all ages and backgrounds to rediscover Adoration during Adoremus, and in anticipation of the Jubilee Year 2025? Your parish could, for example:

- Host talks and reflections aimed at different age groups.
- Show videos on the Eucharist (for example, from Sycamore).
- Share written catechesis or suggest books on the Eucharist and Eucharistic prayer.
- Follow Exposition with a period of socialising to help bring together the Body of Christ.
- Host a 'night of light' in which the church is open for an extended period to welcome everyone for prayer.
- Use the resources and ideas from the official Adoremus web pages to support this solemn and beautiful time of prayer:

www.cbcew.org.uk/adoremus-at-oscott

*For more information or ideas, contact Paul at the Office for Mission:
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THE ARCHDIOCESE *of* BIRMINGHAM
OFFICE *for* MISSION

"Go therefore and make disciples of all nations..."

