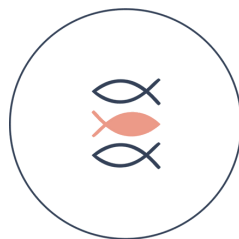


## University Resource Pack 2022

1. Discussion Group/Event Resources
2. Reflections and Prayer
3. Themed Social Ideas
4. Links for Social Action/Outreach
5. Brief WYD History Fact Sheet

Made in collaboration with



Catholic Student Network

# WYD Themed Discussion Group/Event

Whether you have a regular study or discussion group, or offer different events each week with your chaplaincy/Catholic Society, we hope these resources will be of use to fuel your discussion!

Pope Francis' 2022 World Youth Day message is jam packed FULL with advice, thoughts and questions aimed directly for US, "dear young people"!

Below you will find a few quotes we've picked out, on various themes and questions to help lead the conversation. There is not an "answers page!", just questions and prompts to aide discussion. They are listed in the order of the document, but you could pick out themes particularly relevant or interesting to your group.

Alterntively, we definitely recommend Pope Francis' entire WYD message to young people, which can be found [on the Vatican website here.](#)



# 1. Mary

In these troubling times, when our human family, already tested by the trauma of the pandemic, is racked by the tragedy of war, Mary shows to all of us, and especially to you, young people like herself, the path of proximity and encounter.

Pope Francis – WYD Message 2022



What makes Mary a good example for young people?

Who else is a good influence for young people today?

What makes them influential?

## "Our Top 10 Influential Heroes for Young People 2022"

Nominate contenders for your a class league table & vote for who's top!

1. ....
2. ....
3. ....
4. ....
5. ....
6. ....
7. ....
8. ....
9. ....
10. ....




(Send us your leagues, we'd love to see them! @youthsundayew)

## 2. Building our future

What kinds of "haste" do you have, dear young people? What leads you to feel a need to get up and go, lest you end up standing still?

Many people – in the wake of realities like the pandemic, war, forced migration, poverty, violence and climate disasters – are asking themselves: Why is this happening to me? Why me? And why now?

Pope Francis – WYD Message 2022



So, what kinds of haste do you have? What makes you get out of bed in the morning? What inspires you to continue with your studies or work?

### What are your hopes and dreams...



for you??



for your life??



for the world  
we live in??



# 3. A Healthy Haste...

**A healthy haste drives us always upwards and towards others. Yet there is also an unhealthy haste...**

Pope Francis - WYD Message 2022

- What do you think would make an "unhealthy haste"?

Pope Francis goes on to say...

**A healthy haste drives us always upwards and towards others. Yet there is also an unhealthy haste which can drive us to live superficially and to take everything lightly. Without commitment or concern, without investing ourselves in what we do.**

Pope Francis - WYD Message 2022

Although the whole World Youth Day theme is about "rushing off" to spread joy and Good News, it can often be important to pause and consider our well-being and how our actions effect others.

- *Have you ever rushed into a decision and regretted it?*
- *How do you take time to pause?*

# 4. Repeating History?

Young people always represent the hope for new unity within our fragmented and divided human family. But only if they can preserve memory, only if they can hear the dramas and dreams of the elderly. *It is no coincidence that war is returning to Europe at a time when the generation that experienced it in the last century is dying out.* We need the covenant between young and old, lest we forget the lessons of history

Pope Francis – WYD Message 2022

- What do you think about Pope Francis' statement here?
- Do you agree?
- What challenges you?

Is there one action or proactive commitment we can make today, as individuals or as a group? Maybe...

- Visiting an elderly residential home?
- Speaking to an elderly relative we haven't spoken to in a while?
- Do further research about the World War 2 Holocaust and other following Holocausts and wars
- Commit to keep up to date with World News, current campaigns we could be involved with or specific issues we can pray for.

# 5. Changemakers?

**Young people can change the world.**

**Agree or disagree?**

Debate your view.



What do you think about Pope Francis' response?

To be sure, you cannot resolve all the problems of the world. Yet you can begin with the problems of those closest to you, with the needs of your own community. Someone once told Mother Teresa: "What you are doing is a mere drop in the ocean". And she replied: "But if I didn't do it, that ocean would have one drop less".

Pope Francis – WYD Message 2022

# Prayer & Reflection

You may like to share these reflection prompts within your group's prayer/reflection times to be used as individual reflection or to be shared amongst the group. You may also like to share them with individuals via your newsletter/social media.



Read Luke 1:39 - 45

Reflect on why Pope Francis chose this passage as the theme for his World Youth Day message in 2022/23

What does the passage say to young people and the Church?

What does the passage say to you today?

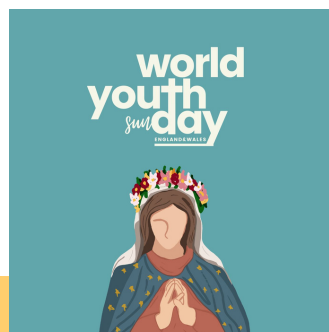


The Rosary is a perfect prayer - especially for this year's Marian theme.

If you are praying a group with people who haven't prayed it before, make sure you explain it so no one gets left behind! You can pray for your own intentions for each decade, or follow the Scriptural Mysteries of the Rosary.



Search "World Youth Sunday" on Spotify to find a playlist for prayer, fitting this year's WYD theme, by the Youth Ministry Team



To celebrate the international nature of World Youth Sunday, invite international students to share images of Mary from around the world, or prayer traditions from their home communities!

# Luke 1:39 - 45

## Mary Visits Elizabeth

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry,

*'Blessed are you among women,  
and blessed is the fruit of your womb.'*

And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy.

*Blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'*

# An Examen for World Youth Day 2022

1 - *Here I am, Lord!* - We bring ourselves to God just as we are, with all of our joys, fears, strengths and challenges. How are you feeling right now? We place ourselves in His presence, knowing that He loves us as we are.

2 - *My soul rejoices!* - What do you want to give thanks to God for today? What good things have happened this week that you want to hold on to?

3 - *Everlasting is His mercy* - What things do you want to say sorry to God for - things you wished you had done, or things you wished you had done better?

4 - *Mary went forth with haste* - What are your goals or aspirations for today? What do you hope to do, learn or enjoy this week?

5 - *For He has done great marvels for me!* - Now take your feelings right now, your joys, challenges and desires for today, and ask God for whatever it is you need today: patience? energy? confidence? peace?...

*You can conclude by saying your own prayer to God:  
what one sentence would you like to say to Him?*

*Amen*

# Social event

Mark World Youth Day with a post-Sunday Mass celebration!

Celebrate your generation X, Z or millennial! You could bring food, dress up and make a playlist for each group depending on your Cathsoc... or even have a competition or debate game between each era...

Play classic childhood party games (think pass the parcel, musical chairs, pin the tail on the donkey), bring all the best party food (mini pizzas, smiley faces, party rings and haribo...) – you could even have fancy dress – maybe “what you wanted to be when you grew up” or “your childhood hero”

“Cathsocs got talent”  
a talent show, celebrating the gifts you’ve got!

Young saints of the Church – an ice breaker/mixer game could be “what would you want to be patron saint of?”. You could give different groups a synopsis of a young saint and challenge them to act out their life stories (think Blessed Carlo Acutis, St Bernadette, St Therese of Liseux, St Dominc Savio, St Kateri for example...)

Share any new ideas with us!  
[@catholicstudentnetwork](#)  
[@youthsundayew](#)

# Group action

If your Cathsoc/Chaplaincy group wants to put faith in action or share the Gospel actively on campus after these discussions, there are several ways you can do this! Here are some websites and organisations that might be useful:

## **Catholic Student Network**

we are building up resources to support Cathsocs and other Catholic Student Groups. If you have resources, ideas or other gifts to share, get involved and lets ignite faith on campuses together!

## **Love Christmas campaign**

Join churches across the country in providing a million acts of kindness for others in our local communities

## **SVP 1833**

St Vincent de Paul Society for students and young adults  
making a difference in your local area

## **CAFOD**

resources and network for young adults

Know another way? Let us know  
@worldyouthdayew



# WYD History...

- 1984 Pope John Paul II welcomed over 300, 000 young people to Rome on Palm Sunday for an International Jubilee of Youth.
- 1985 United Nations International year of the youth - in December, Pope John Paul II announces an annual diocesan celebration of Youth to occur on Palm Sunday
- 1986 First Official World Youth Day - Rome.
- 1987 First International World Youth Day - Buenos Aires

St Pope John Paul II, December 1985, explains World Youth Day to the College of Cardinals and members of the Roman Curia

*"All young people must feel that they are cared for by the Church. Therefore, may the entire Church on a worldwide level, in union with the Successor of Peter, be more and more committed to young people, to their concerns and worries and to their aspirations and hopes, so as to meet their expectations by communicating the certainty that is Christ, the Truth that is Christ, the love that is Christ..."*

Since then, there have been 12 International World Youth Day celebrations:

- 1989- Santiago de Compostela, Spain
- 1991- Czestochowa, Poland
- 1993- Denver. USA
- 1995- Manila, Philippines
- 1997- Paris, France
- 2000- Rome, Italy
- 2002- Toronto, Canada
- 2005- Cologne, Germany
- 2008- Sydney, Australia
- 2011- Madrid, Spain
- 2013- Rio de Janeiro, Brazil
- 2016- Kraków, Poland
- 2019- Panama City, Panamá

In 2020, Pope Francis moved the annual celebration of World Youth Day to the Feast of Christ the King.

The next international World Youth Day was postponed due the COVID-19 pandemic. It will be held in Lisbon, Portugal, August 2023.

